



BRADLEY DEMOLITION

Mental Health and Fatigue

In accordance with the Health and Safety at Work Act etc. (1974) and the Management of Health and Safety at Work (1999) Bradley Demolition LTD will take all necessary steps to ensure that risks to employees' health are minimised as far as is reasonably practicable.

To manage the risk to workers arising from mental health hazards and fatigue caused by work. Bradley Demolition LTD will produce, implement and communicate a mental health at work plan that promotes good mental health of all employees and outlines the support available for those who may need it. Develop mental health awareness among employees by making information, tools and support accessible. Encourage open conversations about mental health and the support available when employees are struggling, during the recruitment process and at regular intervals throughout employment as well as offer appropriate workplace adjustments to employees who require them.

As part of this plan Bradley Demolition LTD will provide employees with good working conditions and ensure they have a healthy work life balance and opportunities for development. Furthermore, we will promote effective people management to ensure all employees have a regular conversation about their health and well-being with their line manager and train and support line managers and supervisors in effective management practices. Lastly, employee mental health and wellbeing will be monitored through the use of one-to-one meetings and health questionnaires which will provide an understanding through available data, talking to employees, and understanding risk factors.

Signed:

Andrew Hill - Director

Date: 07/12/2022